

# **PRESS RELEASE**

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## **BOWIE AUTHOR MAKES IT BIG Making big plans to teach children about the Chesapeake Bay**

There is a wealth of information about the Chesapeake Bay in newspapers, magazines and on the Internet. Children can learn about the Chesapeake Bay, the Chesapeake Bay Bridge, the creatures in, above and around the bay, issues with the bay and ways to help resolve those issues. But the most interesting way to learn is through an experienced author who has written children's books about the bay.

Cindy Freland has written several books to help children learn about the creatures and how they help the economy of Maryland, Virginia, Washington, D.C., Pennsylvania, Delaware, West Virginia and New York. Freland's books include 20 minute fun, educational stories about a crab, a jellyfish and a honey bee for children from 6-10 years old. Each book includes facts about the creatures, the bay, and the bridge.

The author reads her stories and teaches self-publishing in two-hour presentations in local community centers, museums, book stores, gift shops, public and private schools, and camps in Maryland locations around the bay. She is a business owner and an adjunct professor, teaching adult business classes, at Anne Arundel Community College and Prince George's Community College. Her cable television program, Bowie Business Journal, allowed members of the Greater Bowie Chamber of Commerce to promote their businesses. As host of the BlogTalkRadio program, Business Connections, Freland offered marketing ideas for business owners.

Freland developed a passion for children and nature, having raised two daughters, teaching arts and crafts at a daycare center, and caring for pets throughout her lifetime. She has written on subjects including Facebook for business, how to become a virtual assistant, and 26 ways to use mud. She decided to expand her experience by writing children's books about the Chesapeake Bay.

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